

Alexey Zubov - Thai Massage Instructor & Therapist

Location: Montenegro / Available for relocation

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Professional Summary

Experienced and certified Thai Massage practitioner and instructor with over 10 years of hands-on experience in therapy and teaching. Trained at the renowned ITM School in Chiang Mai, Thailand. Specializing in Traditional Thai Massage, Deep Tissue, Thai Stretching, Tok Sen, Prenatal Massage, and Acupressure.

Successfully taught over 300 students in Europe and Asia. Known for deep anatomical knowledge, gentle energy, and the ability to adapt treatments to individual needs. Currently seeking a position in a high-quality spa or wellness center in Europe or the UK, or collaboration with massage schools and training institutions.

Certifications

- Certified Thai Massage Instructor, ITM School, Chiang Mai (Levels 1-4)
- Tok Sen Massage
- Thai High Risk Stretching
- Prenatal Thai Massage
- Yoga Massage (Thai style)
- IELTS Life Skills A2 (UK visa ready)

Specializations

- Traditional Thai Massage (Nuad Boran)
- Deep Tissue Massage (elbows & knees techniques)
- Tok Sen Therapy (hammer massage)
- Thai Yoga Stretching
- Prenatal Massage
- Thai High Risk Stretching
- Acupressure and Energy Lines

Teaching & Work Experience

2022 - Present: Private Practice in Montenegro & Thailand

- One-on-one sessions with expats and tourists
- Small group workshops and private courses

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2019 - 2022: Lead Instructor, Thai Massage School, St. Petersburg (Russia)

- Taught over 300 students
- Created programs based on ITM methodology

2016 - 2019: Massage Studio Owner, Bryansk (Russia)

- Private spa business and Thai massage instruction

2016 - 2017: Private Practice in Goa (India)

- Healing-focused sessions for international clients

Volunteer (Ongoing): Assistant Instructor at ITM Chiang Mai, Thailand

- Support and mentorship for Thai Massage students

Education & Training

- Instructor Training Course, ITM Chiang Mai (2016)
- Ongoing Practice & Masterclasses in India, Thailand, and Europe
- Advanced workshops & anatomical training

Languages

- English - Fluent
- Russian - Native
- Basic Montenegrin/Serbian

References

Available upon request. Testimonials and work samples available on Facebook or via direct contact.